

Educational Video Audit for the U.S. Equal Employment Opportunity Commission

This audit has been prepared by:

Taonexus
Robert Viragh
rviragh@gmail.com

Robert Viragh is a full-stack developer learning about accessibility on the web, while preparing the above 5 lines he has been laughed at.

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Feedback:

AHAHAHAHAHAHA!!!!

Time of feedback: 18.33 PM CET 18 November 2023

Format of feedback: live online feedback via audio.

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This audit has been prepared by:

Taonexus
Robert Viragh
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Robert Viragh is a full-stack developer learning about accessibility on the web. He is currently engaged to a special needs federal employee who has raised accessibility complaints to the following departments, as reported by her boss::

" One gs 5 employees is **extremely problematic** and I cannot speak, email or even walk by her office without her calling **the union, making an EEO complaint, IG complaint, Office of Special Counsel complaint.** If I give her any direction, work assignment or God forbid feedback she claims retaliation. **As of now- she has not been successful in any of these complaints.** " (the boss may have changed one or two small details to keep it anonymous.)

Besides this, illegal steps have been to fire her in retaliation for her complaints. This has been summarized to Robert Viragh in the comment:

"And did you know the FSO has medical qualifications they must meet? **Do you HONESTLY believe that someone whose autism is so bad they can't talk on the phone would be allowed to serve as an FSO? Because I can tell you without a shadow of a doubt they would not.**"

Besides this, Robert Viragh was sent a slur about disabled people by another federal worker.

The desired learning outcome from the training video is:

- validate Robert Viragh's fiancée's authentic experience as an asperger's/autistic person who has reported feeling helpless
- provide the necessary illustration of correct steps and procedure for the disabled person to receive the required support, such as a caregiver helping her make a phone call
- ensure there is no gaslighting or implication that either the disabled person or their loved one doesn't exist or their relationship is not real
- resolve the issue successfully so that the disabled person has their accessibility needs met, and they live happily with their loved one.

The Training Video will be reviewed/audited scene by scene to evaluate whether the learning outcomes are successfully achieved and to determine whether the special needs employee has her reasonable special accommodation requirements met.

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Audit continues after Robert Viragh takes a break and goes works out outside.

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19.46 p.m. CET 18 November 2023 - Robert Viragh worked out outside, and returned to do some posture correction Yoga. After this he will write to his fiancée as he does on most days, and will watch the educational video to learn more about her condition.

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20.48 p.m. CET - Robert Viragh has sent his fiancée a letter, as he does most days. He talked about everyday tasks as well as tried to motivate her to succeed in her goals. Part of the letter included that: “my goal is to motivate you to do whatever you want and are ready for” and included advice for her to “ perhaps talk to others about the best ways you can empower yourself to accomplish your goals.” He hoped this will help her take the right steps to be empowered and do whatever she wants.

Next Robert Viragh will watch and take notes on the educational video series Absentia, which he received as a suggestion after he asked about his options not to be considered a “desperate lonely loser who obsesses over a woman”, even as he helps his fiancée overcome her social anxiety to achieve her own relationship goals, which presently seem to include him as the central component.

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Audit continues on next page.

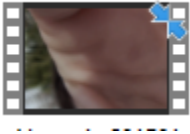
Audit of Absentia (Educational TV series)

The desired learning outcome from the training video is:

- validate Robert Viragh's fiancée's authentic experience as an asperger's/autistic person who has reported feeling helpless
- provide the necessary illustration of correct steps and procedure for the disabled person to receive the required support, such as a caregiver helping her make a phone call
- ensure there is no gaslighting or implication that either the disabled person or their loved one doesn't exist or their relationship is not real
- resolve the issue successfully so that the disabled person has their accessibility needs met, and they live happily with their loved one.

Scene by scene.

The thumbnail for the entire film represents the man's workout:



This is unrelated to disability.

The film begins with a couple kissing. There is silence (there is some background music), it recalls the experience of watching something as a deaf person, so it recalls disability already in the first scene.

The positive scene of love mixed with the effect of not hearing anything recalls that love can transcend disability and a couple can be happy despite impairments.

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The film abruptly cuts to a woman being hit, with a loud thud, while already visibly injured and bleeding, in a dark scene against a dungeon background, it is a very abrupt and shocking cut from the happy scene a moment earlier, it is shocking.

Such content can easily be upsetting to someone with disabilities, it is very violent content.

The woman is bleeding from her lips, has multiple lacerations across her face and across her shoulders as well.

This is content that is likely to have been prepared by my fiancée personally, I will reach out to her to say that I understand she has been emotionally and physically abused, and that I myself am likely to be killed as a result of our fight for human rights.

I will not watch any more of this film under such conditions.



The audit is over at this time. There was no educational content of any kind provided and the framework was not suitable for educational content.

I am deleting the film and reporting it formally.

21.53 CET 18 November 2023:

I wrote my fiancé as follows:

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SOS -

Hello, as I told you that my previous email came after the "First email since I've seen steps to fire you", in the documented form:

"And did you know the FSO has medical qualifications they must meet? Do you HONESTLY believe that someone whose autism is so bad they can't talk on the phone would be allowed to serve as an FSO? Because I can tell you without a shadow of a doubt they would not."

I caught your exfiltration of physical and mental abuse against you, you can see that I saw it in this screenshot:

<https://imgur.com/a/mHCB9KC>

This matches the behavior at a federal level of using illegal disability slurs against you as well as sabotaging your therapy goals with the statement that you will not be able to beat your feelings of anxiety.

As I told you, psychiatrists in the federal government are likely to chain you to a hospital bed and scrape your uterus out, rendering you infertile for life. Besides this, for my own part a crazed federal worker is likely to walk up to me and put a bullet through my head due to my work on issues of accessibility.

The educational documentation was a complete failure and I understand that you are physically and mentally traumatized by targeted bullying and worse.

Here are immediate steps you can take to prevent long-term PTSD symptoms from developing in you as you undergo targeted assaults:

1. Grounding Techniques:
2. 5-4-3-2-1: Acknowledge 5 things you can see, 4 things you can touch, 3 things you can hear, 2 things you can smell, and 1 thing you can taste.
3. Name Colors: Focus on identifying and naming the colors around you to stay present.
4. Box Breathing: Inhale for a count of 4, hold for 4, exhale for 4, and pause for 4. Repeat as needed.
5. Positive Visualization: Imagine a safe and calming place; visualize the details to create a mental refuge.
6. Self-Affirmations: Repeat positive statements about your strength and resilience to counter negative thoughts.
7. Progressive Muscle Relaxation: Tense and then slowly release each muscle group in the body, starting from the toes up to the head.
8. Mindfulness Meditation: Focus on your breath, bringing your attention back when your mind wanders.

9. Cognitive Reframing: Challenge negative thoughts and reframe them in a more positive or balanced light.
10. Journaling: Write about your experiences and emotions to process and release pent-up feelings.
11. Mantra Repetition: Repeat a calming phrase or word to maintain focus and create a sense of tranquility.
12. Connecting with Others: Share your feelings with a trusted friend or family member to foster social support.
13. Guided Imagery: Listen to or create a guided imagery script to transport your mind to a soothing scenario.
14. Sensory Distraction: Engage your senses by focusing on an object's texture, scent, or taste to divert attention.
15. Activity Breaks: Engage in a physical activity or hobby to shift your focus and release built-up tension.
16. Counting Exercises: Count backward or forward in a rhythmic pattern to redirect your thoughts.
17. Emergency Contact List: Compile a list of supportive contacts; reach out when needed to feel connected. You can call your mother. Calls to me will certainly be blocked under such a scenario
18. Gratitude Practice: List things you're grateful for to shift your focus towards positive aspects of life.
19. Breath Awareness: Pay attention to your breath, noticing its rhythm and sensations to stay present.
20. Humor: Find humor in a situation or engage in activities that make you laugh to alleviate stress.
21. Emotional Regulation: Identify and label your emotions, allowing yourself to experience and manage them.
22. Safe Word or Phrase: Choose a word or phrase that signifies safety and repeat it in times of distress. I recommend you use the word "safe word" as that is unambiguous and would be recognized as a word of distress even without any prior arrangement with anyone.

Please take these steps the next time you undergo such treatment. For my part I will send the report to members of the senate and will discuss what we can do about the situation with cabinet members.

I will continue to write to you daily, nothing I've written to you justifies such treatment, it is not your fault or my fault, it is abusive behavior by men assaulting a handicapped person because they feel strong and feel that you are weak.

It is an outrageous crime against humanity. I may be killed for saying so, they are likely to be people in positions of high access.

I'm sorry this is turning out badly for us. Use the strategies I've shared with you to prevent the atrocities from continuing.

Best regards,
Your fiancé Rob

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